

Product Spotlight: Potatoes

Did you know? Potatoes have 40% less carbohydrates than pasta, 60% more vitamin C than blueberries, and 80% more potassium than bananas!



with Relish

A quick and easy tray bake with beef sausages and vegetables, served with golden roast potatoes, relish and salad.





Add some hot dog buns for a more traditional sausage sizzle! You can use the potatoes to make chips, and slice the vegetables and keep fresh for the fillings.

N. S.

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FROM YOUR BOX

BABY POTATOES	400g
SHALLOT	1
RED CAPSICUM	1
BEEF SAUSAGES	300g
MESCLUN LEAVES	1 bag (60g)
RELISH	1 jar



1. ROAST THE TRAY BAKE

Set oven to 220°C.

Quarter potatoes, wedge shallot and chop capsicum. Arrange with sausages on a lined oven tray. Toss all with **1 tsp cumin**, **oil, salt and pepper**. Roast for 20-25 minutes until golden.



2. DRESS THE LEAVES

In a large salad bowl, whisk together **1/2 tbsp vinegar** and **1 tbsp olive oil**. Toss with leaves until coated. Set aside until serving.



3. FINISH AND SERVE

Serve roast potatoes, sausages and veggies with fresh salad and relish.

FROM YOUR PANTRY

oil for cooking, olive oil, ground cumin, salt, pepper, vinegar of choice

KEY UTENSILS

oven tray

NOTES

You can cook the sausages, onion and capsicum on the BBQ if preferred!

How did the cooking go? We'd love to know – help us by sharing your thoughts! Go to the My Recipes tab in your Profile and leave a review! Text us on 0481 072 599 or send an email to hello@dinnertwist.com.au

